

BAHAMAS SWIMMING FEDERATION

LONG COURSE RECORDS

GIRLS 13 & 14 - BAHAMAS

July 3, 2019

EVENT	RECORD	NAME	CITY	DATE
50 FREE	26.96	Delaney Mizell'04/LSC	Barbados	July 2, 2019
100 FREE	59.39	Delaney Mizell'04/LSC	Nassau	June 22, 2019
200 FREE	2:09.33	Zayle-Elizabeth Thompson'04/AAC	Nassau	June 21, 2019
400 FREE	4:31.05	McKayla Lightbourn'92/SWIFT	Kingston	April 10, 2007
800 FREE	9:18.65	McKayla Lightbourn'92/SWIFT	Kingston	April 7, 2007
50 BACK	30.80	Virginia Stamp'91/AAC	Nassau	June 26, 2016
100 BACK	1:07.10	Virginia Stamp'91/AAC	Nassau	June 30, 2016
200 BACK	2:26.05	McKayla Lightbourn'92/SWIFT	Kingston	April 10, 2007
50 BREAST	33.19	Lilly Higgs'00/SWIFT	Singapore	August 26, 2015
100 BREAST	1:12.32	Lilly Higgs'00/SWIFT	Greensboro	July 18, 2015
200 BREAST	2:38.20	Lilly Higgs'00/SWIFT	Greensboro	July 19, 2015
50 FLY	29.65	Taryn Smith'96/LLSC	Nassau	June 19, 2011
100 FLY	1:06.74	Taryn Smith'96/LLSC	Mayaguez	June 30, 2011
200 FLY	2:25.43	McKayla Lightbourn'92/SWIFT	Kingston	April 9, 2007
200 I.M.	2:22.80	McKayla Lightbourn'92/SWIFT	Kingston	April 9, 2007
400 I.M.	5:00.35	McKayla Lightbourn'92/SWIFT	Kingston	April 8, 2007
RELAYS				
200 FREE	1:51.59	Zayle Thompson;Keianna Moss; Salene Gibson;Delaney Mizell/BAH	Barbados	April 23, 2019
400 FREE	4:08.37	Zayle Thompson,Devon Cuffy-Bethel; Salene Gibson;Delaney Mizell/BAH	Barbados	April 20, 2019
800 FREE	9:09.11	Zayle Thompson;Salene Gibson; Grace Farrington; Delaney Mizell/BAH	Barbados	April 21, 2019
200 MEDLEY	2:09.40	Celia Campbell; Albury Lillian Victoria Russell; Brianna Nesbitt/SWIFT	Nassau	June 27, 2015
400 MEDLEY	4:39.15	Keianna Moss; Zayle Thompson; Rachel Lundy; Delaney Mizell/BAH	Barbados	April 21, 2019

GIRLS 13 & 14 - OPEN

June 19, 2018

EVENT	RECORD	NAME	CITY	DATE
50 FREE	26.95	Danielle Williams'02/TTO	Nassau	July 2, 2016
100 FREE	58.22	Alison Jackson'02/CAY	Nassau	April 17, 2017
200 FREE	2:08.87	Mariangela Cincotti'03/VEN	Nassau	June 17, 2018
400 FREE	4:31.26	Tyla Martin'97/TRI	Nassau	April 15, 2012
800 FREE	9:11.82	Joanna Evans'97/BAH	Nassau	April 12, 2012
50 BACK	30.36	Gabriela Donahue'02/TTO	Nassau	April 15, 2017
100 BACK	1:05.61	Danielle Titus'02/BAR	Nassau	April 16, 2017
200 BACK	2:26.66	Danielle Titus'02/BAR	Nassau	April 18, 2017
50 BREAST	33.98	Lilly Higgs'00/SWIFT	Nassau	June 27, 2015
100 BREAST	1:13.19	Lilly Higgs'00/SWIFT	Nassau	June 28, 2015
200 BREAST	2:40.25	Lilly Higgs'00/SWIFT	Nassau	June 25, 2015
50 FLY	29.02	Gabriela Donahue'02/TTO	Nassau	April 16, 2017
100 FLY	1:03.81	Tyla Martin'97/TRI	Nassau	April 14, 2012
200 FLY	2:22.26	Heather Roffey'86/CAY	Nassau	April 22, 2001
200 I.M.	2:25.17	Lilly Higgs'00/SWIFT	Nassau	June 27, 2015
400 I.M.	5:15.72	Heather Roffey'88/CAY	Nassau	April 20, 2001
RELAYS				
200 FREE	1:50.77	Gabrianna Banks; Simone Vale Brianna Anderson; Emily MacDonald/JAM	Nassau	April 18, 2017
400 FREE	4:06.08	Gabrianna Banks;Brianna Anderson Simone Vale;Emily MacDonald/JAM	Nassau	April 15, 2017
800 FREE	9:09.47	Shania David; Syriah David Jewel Mulrain; Tyla Martin/TRI	Nassau	April 14, 2012
200 MEDLEY	2:09.40	Celia Campbell; Lilly Higgs	Nassau	June 27, 2015

		Victoria Russell; Brianna Nesbitn/SWIFT		
400 MEDLEY	4:36.43	Jahmia Harley; Gabriela Donahue	Nassau	April 16, 2017
		Regan Allen; Jada Chatoor/TTO		

