

# BAHAMAS SWIMMING FEDERATION

## NATIONAL CHAMPIONSHIPS

### LONG COURSE RECORDS

GIRLS 15 - 17

EVENT	RECORD	NAME	CITY
50 FREE	26.31	Arianna Vanderpool-Wallace'90/UN	Nassau
100 FREE	56.01	Arianna Vanderpool-Wallace'90/UN	Nassau
200 FREE	2:04.84	Arianna Vanderpool-Wallace'90/UN	Nassau
400 FREE	4:26.77	Joanna Evans'97/SWIFT	Nassau
800 FREE	8:59.49	Joanna Evans'97/SWIFT	Nassau
50 BACK	30.40	Virginia Stamp'01/AAC	Nassau
100 BACK	1:07.04	Bria Deveaux'04/SWIFT	Nassau
200 BACK	2:33.48	Ceila Campbell'00/AAC	Nassau
50 BREAST	33.22	Lilly Higgs'99/UNAT	Nassau
100 BREAST	1:12.18	Albury Higgs'99/UNAT	Nassau
200 BREAST	2:37.06	Albury Higgs'99/SWIFT	Nassau
50 FLY	29.25	Victoria Russell'00/UN	Nassau
100 FLY	1:05.80	Katelyn Cabral'03/UN	Nassau
200 FLY	2:28.47	Alana Dillette'87/SWIFT	Nassau
200 I.M.	2:22.20	McKayla Lightbourn'92/SWIFT	Nassau
400 I.M.	5:09.91	Albury Higgs'99/SWIFT	Nassau
<b>RELAYS</b>			
200 FREE	1:50.40	Alpha Aquatics Club	Nassau
		J Trotman, V. Stamp, A. Weech, C. Campbell	
400 FREE	4:04.50	Alana Dillette, Ashley Butler,	Nassau
		Jenna Chaplin, Arianna Vanderpool-Wallace/SWIFT	
200 MEDLEY	2:01.90	Alana Dillette, Shaunte Moss,	Nassau
		Ashley Butler, Arianna Vanderpool-Wallace/SWIFT	
400 MEDLEY	4:35.28	Ariel Weech, Victoria Russell	Nassau
		Virginia Stamp, Maya Thompson/ALPHA	



**June 23, 2019**

DATE
June 26, 2016
June 25, 2016
June 17, 2018
June 26, 2016
June 23, 2016
June 20, 2011
June 18, 2011
June 16, 2012
June 18, 2018
June 22, 2019
June 16, 2018
June 26, 2015
June 18, 2011
June 20, 2011
June 18, 2018
June 25, 2017
June 22, 2019
June 25, 2010
June 24, 2009
June 18, 2018