

## 2023 Bahamas National Swimming Championship - 6/15/2023 to 6/18/2023

## Results - Day 4 - Session 8 - Evening Session

## Event 167 Girls 8 &amp; Under 50 LC Meter Freestyle KFC

Bahamas: 33.72 B 12/15/2017 Passion T. Daniel UN-GB  
 Open Rec: 33.72 O 12/15/2017 Passion T. Daniel UN-GB  
 National: 34.06 N 7/7/2022 Isabella Munroe MAC  
 52.27 8&U NATL

Name	Age	Team	Prelim Time	Finals Time	
<b>Finals</b>					
1 Nottage, Grace A	8	Barracuda Swim Club	36.24	34.39	NATL
2 Dean, Cailyn G	8	Blue Waves Swim Club	37.01	35.22	NATL
3 Astwood, Hannah	8	Mako Aquatics Club	36.31	36.19	NATL
4 Johnson, Rinia E	8	Blue Waves Swim Club	36.56	36.81	NATL
5 Coleman, Samaiya A	8	Blue Waves Swim Club	39.03	37.44	NATL
6 Rolle, Kirsten C	8	Blue Waves Swim Club	37.75	37.64	NATL
7 Hanna, Katelin-Dahlia A	8	Black Marlins Swim Club	39.33	38.02	NATL
8 Edwards, Aubree	8	Mako Aquatics Club	40.25	38.90	NATL

## Event 168 Boys 8 &amp; Under 50 LC Meter Freestyle KFC

Bahamas: 26.26 B 6/22/2000 Shawn W. Neely Shawn W. Neely DSC  
 Open Rec: 30.26 O 11/28/2015 Marvin L Johnson'06  
 National: 30.56 N 6/22/2014 Nigel J Forbes  
 48.14 8&U NATL

Name	Age	Team	Prelim Time	Finals Time	
<b>Finals</b>					
1 Cooper, Kymani D	8	Mako Aquatics Club	36.59	35.43	NATL
2 Musgrove, Dylan A	8	Blue Waves Swim Club	36.42	36.14	NATL
3 Albury, Cole X	8	Barracuda Swim Club	37.92	36.32	NATL
4 Bastian, Dakota A	8	Blue Waves Swim Club	41.35	39.20	NATL
5 Mckenzie, Avyn C	6	Blue Waves Swim Club	42.21	39.31	NATL
6 Hanna, Mason	7	Mako Aquatics Club	38.42	39.59	NATL
7 Cartwright, Benjamin S	8	Black Marlins Swim Club	40.31	39.61	NATL
8 Smith, Kyrie J	7	Mako Aquatics Club	41.76	42.29	NATL

## Event 169 Girls 9-10 50 LC Meter Freestyle KFC

Bahamas: 29.96 B 11/26/2015 pson Zaylie-Elizabeth P. Thomp AAC  
 Open Rec: 30.44 O 11/7/2009 Simone Sturup'09 Swift  
 National: 30.52 N 6/20/2019 Passion T. Daniel WAVE  
 43.76 9-10 NATL

Name	Age	Team	Prelim Time	Finals Time	
<b>Finals</b>					
1 Nicolls, Taylen D	10	Mako Aquatics Club	31.86	30.16	NATL
2 Campbell, Sienna	10	Mako Aquatics Club	33.37	33.16	NATL
3 Donaldson, Skarlette L	10	Mantas Swim & Water Polo Club-BA	35.28	33.36	NATL
4 Munroe, Isabella I	9	Mako Aquatics Club	33.84	33.44	NATL
5 Taylor, Catrell L	10	Mako Aquatics Club	34.11	34.33	NATL
6 Hamilton, Delnia S	9	Barracuda Swim Club	35.93	34.61	NATL
7 Simms, Morgan A	10	Barracuda Swim Club	35.47	35.29	NATL
8 Rolle, Reniyah R	10	Barracuda Swim Club	36.13	35.84	NATL
--- Hill, Brielle A	10	DeKalb Aquatics-GA	30.89	X30.00	NATL

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## Event 170 Boys 9-10 50 LC Meter Freestyle KFC

Bahamas: 27.71 B 10/28/2017 Marvin L. Johnson Marvin L. Jo FAC  
 Open Rec: 27.71 O 10/28/2017 Marvin L Johnson FAC  
 National: 28.28 N 6/26/2016 Marvin L Johnson BMA  
 41.54 9-10 NATL

Name	Age	Team	Prelim Time	Finals Time	
<b>Finals</b>					
1 Knowles, Nitayo	10	Alpha Aquatics	30.76	29.51	NATL
2 Russell, Dexter L	10	Freeport Aquatics Club	31.21	31.49	NATL
3 Cooper, Da'kari L	10	Mako Aquatics Club	33.44	32.15	NATL
4 Dean, Adrian C	10	Mako Aquatics Club	33.05	32.42	NATL
5 Bastian, Kai A	10	Mantas Swim & Water Polo Club-BA	33.35	32.61	NATL
6 Thompson, Blair E	10	Mako Aquatics Club	33.38	33.00	NATL
7 Rolle, Suraj M	10	Blue Waves Swim Club	33.57	33.09	NATL
8 Munroe, Sean A	10	Blue Waves Swim Club	33.92	33.67	NATL

## Event 171 Girls 11-12 50 LC Meter Freestyle KFC

Bahamas: 28.29 B 8/8/2005 Ashley Butler'92  
 Open Rec: 27.50 O 4/18/2017 Elan N Daisy BER  
 National: 28.82 N 6/20/2011 Simone Sturruip SWIFT  
 38.90 11-12 NATL

Name	Age	Team	Prelim Time	Finals Time	
<b>Finals</b>					
1 Gibson, Saleste A	12	Barracuda Swim Club	28.85	28.19B	NATL
2 Clarke, Christin-Alyssa C	12	Barracuda Swim Club	30.47	29.36	NATL
*3 Julien, Madyson C	12	Barracuda Swim Club	29.97	29.48	NATL
*3 Mckenzie, D F	12	Mako Aquatics Club	29.66	29.48	NATL
5 Threadgill, Jaylah N	12	Lyford Swim Club	30.34	30.02	NATL
6 Maycock, Melaja A	12	Lightning Aquatics	31.37	30.34	NATL
7 Seymour, Tiah X	11	Mantas Swim & Water Polo Club-BA	31.23	31.33	NATL
8 Hamilton, Lenika	11	Mako Aquatics Club	32.04	31.77	NATL
--- Richards, Skyelar M	12	DeKalb Aquatics-GA	28.98	X28.61	NATL

## Event 172 Boys 11-12 50 LC Meter Freestyle KFC

Bahamas: 25.45 B 12/14/2019 rvin L. Johnson Marvin L. John WAVE  
 Open Rec: 25.45 O 12/14/2019 Marvin L. Johnson WAVE  
 National: 25.68 N 6/20/2019 Marvin L. Johnson WAVE  
 36.04 11-12 NATL

Name	Age	Team	Prelim Time	Finals Time	
<b>Finals</b>					
1 Joseph, Christon A	11	Blue Waves Swim Club	27.50	26.84	NATL
2 Russell, Trace K	12	Mako Aquatics Club	27.30	27.47	NATL
3 Murray, Alexander J	12	Black Marlins Swim Club	27.93	27.70	NATL
4 Simmons, Harold A	11	Mako Aquatics Club	28.37	27.90	NATL
5 Robinson, Benecio	11	Mako Aquatics Club	29.13	29.03	NATL
6 Cartwright, Wyatt J	12	Blue Waves Swim Club	30.01	29.52	NATL
7 Rolle, Malik	12	Mako Aquatics Club	29.59	29.79	NATL
8 Simmons, Luke C	12	Mako Aquatics Club	30.56	30.28	NATL

## 2023 Bahamas National Swimming Championship - 6/15/2023 to 6/18/2023

## Results - Day 4 - Session 8 - Evening Session

## Event 173 Girls 13-14 50 LC Meter Freestyle KFC

Bahamas: 26.96 B 6/28/2019 Delaney L. Mizell Delaney L. M BAH  
 Open Rec: 26.95 O 6/29/2016 Danielle Williams TTO  
 National: 27.07 N 6/20/2019 Delaney L. Mizell LSC  
 36.46 13-14 NATL

Name	Age	Team	Prelim Time	Finals Time	
<b>Finals</b>					
1 Williamson, Zoe A	14	Mako Aquatics Club	28.79	27.82	NATL
2 Rolle, Jordyn	14	Mako Aquatics Club	27.89	28.38	NATL
3 Smith, Adaiiah T	13	Alpha Aquatics	29.46	29.23	NATL
4 Ward, Rayven H	14	Mako Aquatics Club	30.42	29.51	NATL
5 Pratt, Trinity C	13	Barracuda Swim Club	31.23	30.13	NATL
6 George, Trinity S	13	Blue Waves Swim Club	31.00	30.43	NATL
7 Mckinney, Summer	14	Mako Aquatics Club	31.90	30.58	NATL
8 Rolle, Jayla Marie G	13	Blue Waves Swim Club	31.53	31.14	NATL
--- Howes, Marleigh F	14	Bermuda	29.12	X28.22	NATL
--- Fulton, Elanna B	14	Bermuda	29.31	X28.81	NATL
--- Wheddon, Katherine	13	Bermuda	29.54	X29.65	NATL
--- Smith, Violet	13	Bermuda	31.21	X30.89	NATL

## Event 174 Boys 13-14 50 LC Meter Freestyle KFC

Bahamas: 23.79 B 6/16/2018 Lamar C. Taylor Lamar C. Taylo FAC  
 Open Rec: 23.79 O 6/19/2018 Lamar C Taylor FAC  
 National: 23.79 N 6/19/2018 Lamar C Taylor FAC  
 33.19 13-14 NATL

Name	Age	Team	Prelim Time	Finals Time	
<b>Finals</b>					
1 Saunders, Najeh A	14	Mako Aquatics Club	27.01	25.81	NATL
2 Simmons, Dijon M	13	Blue Waves Swim Club	26.99	26.35	NATL
*3 Menzies, Malcolm P	14	Black Marlins Swim Club	26.65	26.43	NATL
*3 Hamilton, Lenin	13	Mako Aquatics Club	26.69	26.43	NATL
5 Knowles, Noah S	13	Alpha Aquatics	27.12	26.68	NATL
6 Bain, Ayden T	14	Freeport Aquatics Club	26.73	26.84	NATL
7 McKenzie, Kayden M	14	Lightning Aquatics	27.24	27.04	NATL
8 Daniels, Maxwell P	13	Mako Aquatics Club	27.28	27.18	NATL
--- Hupman, Connor	13	Bermuda	25.97	X25.96	NATL
--- Maranzana, Noah	13	Bermuda	27.12	X27.32	NATL

## Event 175 Girls 15-17 50 LC Meter Freestyle KFC

National: 26.31 N 6/24/2019 Arianna Vanderpool Wallace  
 35.09 15-17 NATL

Name	Age	Team	Prelim Time	Finals Time	
<b>Finals</b>					
1 Gibbs, Rhanishka R	16	Barracuda Swim Club	26.52	26.29 N	NATL
2 Bridgewater, Lauren	15	Barracuda Swim Club	28.93	28.08	NATL
3 Zatarain, Isabelle X	16	Lyford Swim Club	29.37	28.41	NATL
4 Sands, Gianni D	16	Mako Aquatics Club	28.67	28.71	NATL
5 Knowles, Anjaleah B	15	Alpha Aquatics	29.70	29.12	NATL
6 Saidi, Layla A	16	Lyford Swim Club	29.81	29.47	NATL
7 Adderley, Tia- Isabella J	15	Mako Aquatics Club	30.26	29.73	NATL
8 Fiaux, Elina A	15	Lyford Swim Club	30.01	29.98	NATL
--- Judd, Imojen	15	Bermuda	28.12	X28.23	NATL
--- Charleson, Pippa	16	Bermuda	30.18	X29.98	NATL

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## Event 176 Boys 15-17 50 LC Meter Freestyle KFC

National: 22.85 N 6/24/2021 Lamar Taylor MAC  
31.39 15-17 NATL

Name	Age	Team	Prelim Time	Finals Time	
<b>Finals</b>					
1 Johnson, Marvin L	16	Mako Aquatics Club	24.00	23.00	NATL
2 Forbes, Nigel J	17	Alpha Aquatics	25.13	23.45	NATL
3 Ferguson, Tristin K	16	Mako Aquatics Club	25.06	24.44	NATL
4 Ferguson, Caleb T	15	Alpha Aquatics	24.90	24.66	NATL
5 Gibson, Ellie J	15	Alpha Aquatics	24.75	24.83	NATL
6 Simms, Matthias A	16	Barracuda Swim Club	25.40	25.12	NATL
7 Bonamy, Amauri E	16	Mako Aquatics Club	25.58	25.27	NATL
8 Wells, Caden A	15	Black Marlins Swim Club	25.48	25.57	NATL
--- Watson-Brown, Flynn C	16	Bermuda	25.17	X24.81	NATL

## Event 177 Girls 18 &amp; Over 50 LC Meter Freestyle KFC

National: 24.96 N 6/26/2016 Arianna Vanderpool-Wallace Swift  
35.09 18&O NATL

Name	Age	Team	Prelim Time	Finals Time	
<b>Finals</b>					
1 Mizell, Delaney L	18	Lyford Swim Club	27.62	26.83	NATL
2 Russell, Victoria E	22	Mako Aquatics Club	27.49	27.23	NATL
3 Weech, Ariel	31	Alpha Aquatics	28.73	27.44	NATL
4 Higgs, Dedrie D	18	Mako Aquatics Club	28.15	28.09	NATL
5 Cabral, Katelyn H	19	Mako Aquatics Club	28.15	28.11	NATL
6 Styles, Philena P	18	Alpha Aquatics	31.30	30.24	NATL
7 Gibson, Jasmine	23	Alpha Aquatics	32.45	32.68	NATL
8 Bethell, Kyla L	19	Mako Aquatics Club	33.52	34.59	NATL

## Event 178 Boys 18 &amp; Over 50 LC Meter Freestyle KFC

National: 22.71 N 7/7/2022 Lamar Taylor MAC  
31.39 18&O NATL

Name	Age	Team	Prelim Time	Finals Time	
<b>Finals</b>					
1 Taylor, Lamar C	19	Mako Aquatics Club	24.00	22.35 N	NATL
2 Laing, Darren	21	Alpha Aquatics	24.45	24.35	NATL
3 Bowers, Thomas M	19	Black Marlins Swim Club	25.24	24.55	NATL
4 Ferguson, Rommel A	19	Mako Aquatics Club	24.91	24.69	NATL
5 Thompson, Jake F	18	Black Marlins Swim Club	25.03	24.88	NATL
6 Richford, Adam D	18	Alpha Aquatics	25.37	25.10	NATL
7 Cooper, Elbert W	18	Black Marlins Swim Club	25.96	25.48	NATL
8 Smith, Kristofer	22	Alpha Aquatics	25.82	25.51	NATL
--- Simon, Miles A	21	City OF Atlanta Dolphins-GA	23.21	X23.61	NATL
--- Moseley, Finn	18	Bermuda	24.73	X24.30	NATL
--- Ingham, Caleb J	19	Bermuda	24.53	X24.44	NATL
--- Desmond, Brian	19	Bermuda	25.76	X25.43	NATL
--- Solomon, Rushie A	22	HU - Unattached	24.54	XNS	
--- Miles, Spencer	20	HU - Unattached	24.64	XNS	
--- Stevens, Tristan	20	HU - Unattached	24.20	XNS	

## 2023 Bahamas National Swimming Championship - 6/15/2023 to 6/18/2023

## Results - Day 4 - Session 8 - Evening Session

## Event 179 Girls 9-10 100 LC Meter Breaststroke Kanoo

Bahamas: 1:28.50 B 11/20/2004 Shante Moss'93

Open Rec: 1:28.50 O 11/20/2004 Shante Moss'93

National: 1:29.61 N 7/7/2022 Alissa Ferguson 22

BSC

2:09.09 9-10 NATL

Name	Age	Team	Finals Time
1 Campbell, Sienna	10	Mako Aquatics Club	1:36.37 NATL
2 Munroe, Isabella I	9	Mako Aquatics Club	1:40.17 NATL
3 Donaldson, Skarlette L	10	Mantas Swim & Water Polo Club-BA	1:41.48 NATL
48.09 53.39			
4 Ferguson, Avaree J	10	Alpha Aquatics	1:45.63 NATL
5 Seymour, Kaleah R	10	Freeport Aquatics Club	1:49.72 NATL
6 Knowles, Jaleah L	9	Freeport Aquatics Club	1:58.42 NATL
7 Simms, Morgan A	10	Barracuda Swim Club	2:02.65 NATL
--- Hill, Brielle A	10	DeKalb Aquatics-GA	X1:32.84 NATL
43.72 49.12			
--- Graham, Maddie J	10	DeKalb Aquatics-GA	X1:44.42 NATL
--- Thornton, Leila G	9	DeKalb Aquatics-GA	X2:22.76

## Event 180 Boys 9-10 100 LC Meter Breaststroke Kanoo

Bahamas: 1:21.34 B 6/20/2019 Tristen M. Hepburn

WAVE

Open Rec: 1:21.34 O 6/20/2019 Tristen M. Hepburn

WAVE

National: 1:21.34 N 6/20/2019 Tristen M. Hepburn

WAVE

2:04.49 9-10 NATL

Name	Age	Team	Prelim Time	Finals Time
<b>Finals</b>				
1 Comarcho, Logan G	9	Alpha Aquatics	1:40.57	1:33.92 NATL
45.60 48.32				
2 Bastian, Asher X	9	Mantas Swim & Water Polo Club-BA	1:40.12	1:34.37 NATL
46.17 48.20				
3 Murray, Kyle A	10	Black Marlins Swim Club	1:49.55	1:45.62 NATL
4 Thompson, Blair E	10	Mako Aquatics Club	1:51.93	1:46.78 NATL
5 Neilly, Garen X	10	Barracuda Swim Club	1:51.42	1:48.21 NATL
6 Rolle, Kriston L	10	Blue Waves Swim Club	1:51.45	1:51.23 NATL
7 Turner, Torion	10	Mako Aquatics Club	1:52.57	1:54.56 NATL
8 Feaste, Isaiah T	9	Mantas Swim & Water Polo Club-BA	2:00.63	1:54.76 NATL
--- Pace, Parker O	10	DeKalb Aquatics-GA	1:44.80	X1:41.63 NATL

## Event 181 Girls 11-12 100 LC Meter Breaststroke Kanoo

Bahamas: 1:18.79 B 7/2/2013 Victoria Russell'00

Open Rec: 1:20.52 O 4/17/2017 Zayle-Elizabeth Thompson

BAH

National: 1:21.60 N 6/22/2017 Zaylie-Elizabeth P. Thompson

AAC

1:53.89 11-12 NATL

Name	Age	Team	Prelim Time	Finals Time
<b>Finals</b>				
1 Saunders, Kimaya S	12	Mako Aquatics Club	1:24.59	1:21.26 N NATL
38.64 42.62				
2 Donaldson, Samirah E	12	Alpha Aquatics	1:25.35	1:22.96 NATL
3 Threadgill, Jaylah N	12	Lyford Swim Club	1:24.81	1:24.41 NATL
40.48 43.93				
4 Cuccurullo, Isabella K	11	Alpha Aquatics	1:27.60	1:26.59 NATL
5 Dames, Khori M	12	Barracuda Swim Club	1:31.29	1:29.72 NATL
6 Davis, A'Myah M	12	Barracuda Swim Club	1:33.67	1:33.38 NATL
7 Pratt, Noel S	11	Barracuda Swim Club	1:37.65	1:35.14 NATL

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## Finals ... (Event 181 Girls 11-12 100 LC Meter Breaststroke Kanoo)

Name	Age	Team	Prelim Time	Finals Time	
8 Smith, Chrislynn T	12	Barracuda Swim Club	1:38.63	1:35.47	NATL
--- Parkinson, Tallulah	12	Bermuda	1:28.99	X1:27.80	NATL
--- Bennett, Erin A	11	DeKalb Aquatics-GA	1:36.49	X1:38.08	NATL

## Event 182 Boys 11-12 100 LC Meter Breaststroke Kanoo

**Bahamas:** 1:11.16 B 6/29/2018 Nigel J. Forbes BAH  
**Open Rec:** 1:12.24 O 6/18/2018 Nigel J Forbes GBT  
**National:** 1:12.24 N 6/18/2018 Nigel J Forbes GBT  
 1:42.59 11-12 NATL

Name	Age	Team	Prelim Time	Finals Time	
<b>Finals</b>					
1 Singh, David A	12	Barracuda Swim Club	1:19.19	1:15.33	NATL
			35.33 40.00		
2 Russell, Trace K	12	Mako Aquatics Club	1:21.03	1:17.49	NATL
3 Murray, Alexander J	12	Black Marlins Swim Club	1:19.32	1:21.69	NATL
			37.65 44.04		
4 Cartwright, Makhai I	12	Blue Waves Swim Club	1:36.13	1:32.32	NATL
5 Cartwright, Zachary C	12	Mako Aquatics Club	1:33.03	1:33.55	NATL
6 Deleveaux, Aindriu H	12	Blue Waves Swim Club	1:32.40	1:33.92	NATL
7 Emmanuel, De'Kayden N	12	Lightning Aquatics	1:33.94	1:35.23	NATL
8 Alouidor, Joshua C	11	Blue Waves Swim Club	1:36.13	1:36.38	NATL
--- Gooden, Miles R	12	DeKalb Aquatics-GA	1:32.63	X1:30.62	NATL

## Event 183 Girls 13-14 100 LC Meter Breaststroke Kanoo

**Bahamas:** 1:12.32 B 7/18/2015 Lilly Higgs'00  
**Open Rec:** 1:13.19 O 6/28/2015 Lilly L Higgs  
**National:** 1:13.19 N 6/28/2015 Lilly L Higgs  
 1:46.77 13-14 NATL

Name	Age	Team	Prelim Time	Finals Time	
<b>Finals</b>					
1 Murray, Alanna T	14	Black Marlins Swim Club	1:25.67	1:24.54	NATL
			39.28 45.26		
2 Zatarain, Alexia C	13	Lyford Swim Club	1:28.46	1:24.74	NATL
3 Gilbert, Madison R	13	Barracuda Swim Club	1:28.15	1:26.26	NATL
			40.46 45.80		
4 Norville-Smith, Seannae S	14	Mako Aquatics Club	1:33.60	1:27.94	NATL
5 George, Trinity S	13	Blue Waves Swim Club	1:37.06	1:34.82	NATL
6 Bain, Quiana L	14	Blue Waves Swim Club	1:41.87	1:38.72	NATL
7 Barnes, Sanaa Z	14	Barracuda Swim Club	1:39.89	1:42.11	NATL
--- Vargas, Wanda Carolina	13	CN Sek	1:32.36	X1:32.39	NATL
--- Stevenson, Kristen R	14	Blue Waves Swim Club	1:38.97	DQ 1:38.60	
			False start		

## Event 184 Boys 13-14 100 LC Meter Breaststroke Kanoo

**Bahamas:** 1:05.86 B 8/27/2016 Izaak Z. Bastian BAH  
**Open Rec:** 1:06.24 O 6/29/2016 Izaak Z. Bastian BAH  
**National:** 1:07.03 N 7/7/2022 Caden Wells BMSC  
 1:31.49 13-14 NATL

Name	Age	Team	Prelim Time	Finals Time	
<b>Finals</b>					
1 Hepburn, Tristen M	14	Alpha Aquatics	1:13.86	1:08.25	NATL
			30.91 37.34		

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## Finals ... (Event 184 Boys 13-14 100 LC Meter Breaststroke Kanoo)

Name	Age	Team	Prelim Time	Finals Time	
2 Farrington, Will B 35.33 39.36	13	Barracuda Swim Club	1:18.49	1:14.69	NATL
3 Bain, Ayden T	14	Freeport Aquatics Club	1:21.76	1:18.31	NATL
4 McBroom, Rafael S	13	Alpha Aquatics	1:23.32	1:19.11	NATL
5 Adderley, Kraige L	13	Blue Waves Swim Club	1:20.29	1:21.58	NATL
6 Walkes, Cameron A	13	Alpha Aquatics	1:24.93	1:23.58	NATL
7 Burrows, Keron D	13	Barracuda Swim Club	1:26.08	1:27.57	NATL
--- Thomas, Aiden/ AT C	14	DeKalb Aquatics-GA	1:23.14	X1:21.88	NATL
--- Maranzana, Noah	13	Bermuda	1:24.05	X1:25.61	NATL
--- Chatlani-Pickstock, Jahan R False start	13	Mako Aquatics Club	1:20.93	DQ 1:18.48	

## Event 185 Girls 15-17 100 LC Meter Breaststroke Kanoo

National: 1:12.18 N 6/24/2019 Margaret A. Higgs  
1:39.65 15-17 NATL

Name	Age	Team	Prelim Time	Finals Time	
<b>Finals</b>					
1 Gibbs, Rhanishka R 33.97 38.82	16	Barracuda Swim Club	1:21.05	1:12.79	NATL
2 Goulandris, Katie A	16	Lyford Swim Club	1:22.47	1:20.24	NATL
3 Adderley, Tia- Isabella J 37.49 44.53	15	Mako Aquatics Club	1:21.84	1:22.02	NATL
4 Pritchard, Erin M	15	Mako Aquatics Club	1:23.66	1:23.56	NATL
5 Fox, Maria R	16	Alpha Aquatics	1:31.33	1:25.72	NATL
6 Fiaux, Elina A	15	Lyford Swim Club	1:27.55	1:26.67	NATL
7 Tuinman, Chloe I	16	Lyford Swim Club	1:28.49	1:28.56	NATL
8 Barr, Khalilah C	15	Barracuda Swim Club	1:30.99	1:31.20	NATL

## Event 186 Boys 15-17 100 LC Meter Breaststroke Kanoo

National: 1:02.41 N 6/20/2019 Izaak Z. Bastian BSC  
1:26.69 15-17 NATL

Name	Age	Team	Prelim Time	Finals Time	
<b>Finals</b>					
1 Gadson, Emmanuel L 31.21 34.70	17	Barracuda Swim Club	1:08.36	1:05.91	NATL
2 Wells, Caden A 31.44 36.06	15	Black Marlins Swim Club	1:09.82	1:07.50	NATL
3 Moncur, Ayrton G	15	Mako Aquatics Club	1:12.67	1:09.25	NATL
4 Ferguson, Tristin K	16	Mako Aquatics Club	1:15.26	1:12.68	NATL
*5 Bonamy, Amauri E	16	Mako Aquatics Club	1:19.36	1:15.06	NATL
*5 Prince, Hodari E	17	Barracuda Swim Club	1:13.74	1:15.06	NATL
7 Bosland, Msanaa A	17	Barracuda Swim Club	1:19.29	1:19.12	NATL
8 Bartlett, Mikhail A	15	Mako Aquatics Club	1:23.95	1:22.76	NATL
--- Insley, Rhys P	16	Bermuda	1:12.82	X1:11.17	NATL
--- De Winne, Luca C	15	DeKalb Aquatics-GA	1:23.98	X1:24.42	NATL

## Event 187 Girls 18 &amp; Over 100 LC Meter Breaststroke Kanoo

National: 1:10.12 N 6/24/2021 Lilly Higgs UN  
1:39.65 18&O NATL

Name	Age	Team	Finals Time	
1 Thompson, Zaylie-Elizabeth P 35.81 39.64	18	Alpha Aquatics	1:15.45	NATL

## 2023 Bahamas National Swimming Championship - 6/15/2023 to 6/18/2023

## Results - Day 4 - Session 8 - Evening Session

**(Event 187 Girls 18 & Over 100 LC Meter Breaststroke Kanoo)**

Name	Age	Team	Finals Time
2 Russell, Victoria E 35.10 40.50	22	Mako Aquatics Club	1:15.60 NATL
3 Hepburn, Jamilah R	19	Mako Aquatics Club	1:17.63 NATL
4 Higgs, Dedrie D	18	Mako Aquatics Club	1:26.71 NATL
5 Styles, Philena P	18	Alpha Aquatics	1:38.72 NATL
6 Bethell, Kyla L	19	Mako Aquatics Club	1:39.96

**Event 188 Boys 18 & Over 100 LC Meter Breaststroke Kanoo**

National: 1:00.87 N 6/24/2021 Izaak Z, Bastian BSC  
1:26.69 18&O NATL

Name	Age	Team	Finals Time
1 Thompson, Mark-Anthony W 30.76 34.48	20	Alpha Aquatics	1:05.24 NATL
2 Russell, Tyler T	22	Mako Aquatics Club	1:06.99 NATL
3 Thompson III, Erald C	18	Mako Aquatics Club	1:08.74 NATL
4 Thompson, Luke K C	21	Alpha Aquatics	1:08.83 NATL
5 Brown, Andrian A	18	Alpha Aquatics	1:19.70 NATL
--- Grand'Pierre, Alexandre 30.86 32.89	19	Unattached	X1:03.75 NATL
--- Williamson, Sam	18	Bermuda	X1:07.32 NATL
--- Weddingston, Langston D	21	City OF Atlanta Dolphins-GA	X1:09.99 NATL
--- Peoples-Hobson, Vaughn	18	HU - Unattached	X1:17.17 NATL

**Event 189 Girls 11-12 200 LC Meter Backstroke Albany**

Bahamas: 2:36.42 B 6/29/2018 Keianna B. Moss BAH  
Open Rec: 2:30.68 O 6/29/2016 Danielle Treasure BAR  
National: 2:37.81 N 6/19/2018 Keianna B Moss MAC  
3:44.35 11-12 NATL

Name	Age	Team	Finals Time
1 Smith, Skyler Y 37.21 41.06 40.88 37.98	11	Alpha Aquatics	2:37.13 N NATL
2 Ferguson, Alissa A 1:20.02	11	Barracuda Swim Club	2:37.85 NATL
3 Isaacs, Siann E 38.00 43.46 44.61 42.99	12	Alpha Aquatics	2:49.06 NATL
4 Mckenzie, D F 1:25.97	12	Mako Aquatics Club	2:53.10 NATL
5 Clarke, Christin-Alyssa C 1:32.30	12	Barracuda Swim Club	2:57.19 NATL
6 Fox, Madison E 43.65 47.18 48.52 43.46	12	Alpha Aquatics	3:02.81 NATL
7 Ingraham, Dayna G 1:35.98	12	Barracuda Swim Club	3:03.88 NATL
8 Pratt, Noel S 1:33.64	11	Barracuda Swim Club	3:07.70 NATL
9 Rademaker, Emily I 44.48 49.13 49.88 45.60	12	Lyford Swim Club	3:09.09 NATL
10 Mitchell, Helsinki E 1:39.32	11	Mako Aquatics Club	3:09.30 NATL
11 Belton, Nai'a A 1:38.65	11	Mako Aquatics Club	3:10.77 NATL
12 Maycock, Melaja A 1:37.50	12	Lightning Aquatics	3:11.14 NATL



## 2023 Bahamas National Swimming Championship - 6/15/2023 to 6/18/2023

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**(Event 189 Girls 11-12 200 LC Meter Backstroke Albany)**

Name	Age	Team	Finals Time
13 Albury, Gillian C	11	Mako Aquatics Club	3:13.04 NATL
14 Davis, A'Myah M	12	Barracuda Swim Club	3:13.50 NATL
15 Evans, Anneka X	12	Lightning Aquatics	3:14.16 NATL
16 Ellis, Kamelia E	11	Barracuda Swim Club	3:14.28 NATL
17 Knowles, Taylor C	12	Sea Waves Aquatic Team	3:16.75 NATL
18 Chase, Layelle G	11	Barracuda Swim Club	3:17.49 NATL
19 Burrows, Paityn G	11	Mantas Swim & Water Polo Club-BA	3:18.05 NATL
20 Strachan, Veranique R	11	Barracuda Swim Club	x3:25.51 NATL

**Event 190 Boys 11-12 200 LC Meter Backstroke Albany**

**Bahamas:** 2:23.13 B 7/5/1997 Christopher Vythoulkas'84  
**Open Rec:** 2:24.08 O 6/24/2021 Donald Saunders LIT  
**National:** 2:24.08 N 6/24/2021 Donald Saunders LIT  
**3:26.18 11-12 NATL**

Name	Age	Team	Finals Time
1 Singh, David A	12	Barracuda Swim Club	2:33.84 NATL
2 Simmons, Harold A	11	Mako Aquatics Club	2:43.25 NATL
3 Comarcho, Blake G	11	Alpha Aquatics	2:45.73 NATL
4 Williams, Kaylan K	12	Mako Aquatics Club	2:46.84 NATL
5 Pickstock, Jaishon R	12	Mako Aquatics Club	2:51.57 NATL
6 Wright, Issac S	12	Mako Aquatics Club	2:57.63 NATL
7 Brown, Caylen X	12	Mantas Swim & Water Polo Club-BA	2:59.16 NATL
8 Cartwright, Makhai I	12	Blue Waves Swim Club	3:01.28 NATL
9 Lloyd, Keiron I	11	Mako Aquatics Club	3:03.67 NATL
10 Theberge, Mateo A	12	Mako Aquatics Club	3:04.52 NATL
11 Lewis, Liam E	11	Barracuda Swim Club	3:06.14 NATL

**Event 191 Girls 13-14 200 LC Meter Backstroke Albany**

**Bahamas:** 2:26.05 B 4/10/2007 McKayla Lightbourn'92  
**Open Rec:** 2:26.66 O 4/18/2017 Danielle Titus BAR  
**National:** 2:31.93 N 6/20/2019 Zaylie-Elizabeth P. Thompson AAC  
**3:30.33 13-14 NATL**

Name	Age	Team	Finals Time
1 Pratt, Trinity C	13	Barracuda Swim Club	2:44.84 NATL

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Name	Age	Team	Finals Time
2 Murray, Alanna T	14	Black Marlins Swim Club	2:47.99 NATL
	1:25.03		
3 Prince, Nia-Ishia C	13	Barracuda Swim Club	2:53.36 NATL
4 Mckinney, Summer	14	Mako Aquatics Club	2:58.74 NATL
	1:31.48		
5 Pickstock, Zahra A	13	Lightning Aquatics	3:06.54 NATL
	42.25 47.66 50.10 46.53		
6 Carter, Imani X	13	Barracuda Swim Club	3:06.92 NATL
	1:36.41		
7 Baldwin, Zara S	14	Lyford Swim Club	3:07.27 NATL
	1:32.70		
8 Lewis, Isabelle H	14	Mako Aquatics Club	3:10.12 NATL
	1:37.01		
9 Knowles, Jayla L	13	Freeport Aquatics Club	3:11.46 NATL
	1:37.85		
10 Burrows, Allyssa E	13	Lightning Aquatics	3:16.61 NATL
	1:40.71		
11 Barnes, Sanaa Z	14	Barracuda Swim Club	3:18.80 NATL
	46.96 50.89 1:40.95		
12 Rolle, Jayla Marie G	13	Blue Waves Swim Club	3:22.08 NATL
--- Newport Derbyshire, Arabella	13	Bermuda	X2:35.53 NATL
	36.23 39.74 40.72 38.84		
--- Howes, Marleigh F	14	Bermuda	X2:37.33 NATL
	1:20.37		
--- Smith, Violet	13	Bermuda	X2:42.00 NATL
	1:24.51		
--- Smith Frias, Fiormarie	13	CN Sek	X2:49.24 NATL
	1:26.84		

**Event 192 Boys 13-14 200 LC Meter Backstroke Albany**

**Bahamas:** 2:15.24 B 6/29/2016 Peter G. Morley BAH  
**Open Rec:** 2:08.44 O 6/29/2016 Jarod A. Arroyo PUR  
**National:** 2:16.88 N 6/26/2016 Peter G Morley SWIFT  
**3:00.40 13-14 NATL**

Name	Age	Team	Finals Time
1 Saunders, Donald L	14	Lightning Aquatics	2:25.47 NATL
	34.04 36.15 37.32 37.96		
2 Fox, Michael A	14	Alpha Aquatics	2:31.99 NATL
	1:17.66		
3 Menzies, Malcolm P	14	Black Marlins Swim Club	2:32.87 NATL
	34.91 39.82 40.97 37.17		
4 Daniels, Maxwell P	13	Mako Aquatics Club	2:43.13 NATL
	1:25.12		
5 McKenzie, Kayden M	14	Lightning Aquatics	2:44.62 NATL
	1:24.59		
6 Walkes, Cameron A	13	Alpha Aquatics	2:46.96 NATL
	1:24.43		
7 Mendez, Francisco C	14	Lyford Swim Club	2:54.57 NATL
	1:31.25		
8 Johnson, Tahje D	14	Blue Waves Swim Club	3:04.20
	1:36.47		

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National: 2:33.48 N 6/24/2019 Ceilia Campbell

3:16.31 15-17 NATL

Name	Age	Team	Finals Time
1 Theberge, Elle A 33.70 37.38 39.43	15	Mako Aquatics Club 39.01	2:29.52 N NATL
2 Higgs, Kyana E 34.35 39.46 41.55	16	Barracuda Swim Club 40.76	2:36.12 NATL
3 Farrington, Grace M 1:23.12	17	Mako Aquatics Club	2:40.83 NATL
4 Johnson, Bianca N 1:24.44	16	Alpha Aquatics	2:41.51 NATL
5 Bertoldo, Giada I 1:22.15	15	Mako Aquatics Club	2:41.65 NATL
6 Knowles, Anjaleah B 1:29.16	15	Alpha Aquatics	2:43.63 NATL
7 Goulandris, Katie A 1:25.11	16	Lyford Swim Club	2:46.05 NATL
8 Zatarain, Isabelle X 1:26.28	16	Lyford Swim Club	2:47.01 NATL
9 Higgs, Chyme D 40.39 45.32 46.17	17	Barracuda Swim Club 41.31	2:53.19 NATL
10 Campbell, Marliyah A 1:28.67	15	Mako Aquatics Club	2:54.44 NATL
11 Watson, Zarria J 1:34.87	15	Mako Aquatics Club	2:58.57 NATL
12 Fiaux, Elina A 1:31.24	15	Lyford Swim Club	2:58.98 NATL
13 Bridgewater, Lauren 44.25 46.45 45.80	15	Barracuda Swim Club 44.79	3:01.29 NATL
14 Brooks, Shianne L 1:35.45	15	Blue Waves Swim Club	3:04.11 NATL
15 Barr, Khalilah C 1:33.82	15	Barracuda Swim Club	3:04.57 NATL
16 Dean, Jada L 1:42.95	16	Freeport Aquatics Club	3:18.48
17 Turnquest, Emma J 1:55.65	15	Mantas Swim & Water Polo Club-BA	3:42.16

**Event 194 Boys 15-17 200 LC Meter Backstroke Albany**

National: 2:10.57 N 6/27/2004 Jeremy Knowles

Swift

2:47.59 15-17 NATL

Name	Age	Team	Finals Time
1 Johnson, Marvin L 31.26 33.66 36.30	16	Mako Aquatics Club 35.59	2:16.81 NATL
2 Gibson, Ellie J 1:12.89	15	Alpha Aquatics	2:20.35 NATL
3 Duncombe, Launy L 1:15.30	15	Alpha Aquatics	2:23.26 NATL
4 Barr, Jack C 34.09 36.80 37.10	17	Barracuda Swim Club 35.90	2:23.89 NATL
5 Sealy, Kieran A 1:18.10	16	Barracuda Swim Club	2:27.33 NATL
6 Moncur III, Tre L 1:17.22	15	Barracuda Swim Club	2:27.86 NATL

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**(Event 194 Boys 15-17 200 LC Meter Backstroke Albany)**

Name	Age	Team	Finals Time
7 Williams, Rondon L	17	Alpha Aquatics	2:29.93 NATL
1:19.95			
8 Prince, Hodari E	17	Barracuda Swim Club	2:32.50 NATL
1:20.86			
9 Johnson, Aydin A	15	Lightning Aquatics	2:41.81 NATL
1:22.65			
--- Charles, Jarrod J	15	Alpha Aquatics	DQ 2:39.89
1:24.90			

**Event 195 Girls 18 & Over 200 LC Meter Backstroke Albany**

National: 2:20.22 N 6/16/2012 McKayla M. Lightbourne  
3:16.31 18&O NATL

Name	Age	Team	Finals Time
1 Cabral, Katelyn H	19	Mako Aquatics Club	2:36.55 NATL
1:22.20			
2 Mizell, Delaney L	18	Lyford Swim Club	2:40.73 NATL
36.95 40.94 41.57 41.27			
3 Albury, Kaliyah G	20	Mako Aquatics Club	3:04.04 NATL
1:34.20			
4 Dean, Alexa J	22	Barracuda Swim Club	3:36.41
1:52.81			
--- White, Taylor E	18	Bermuda	X2:28.93 NATL
33.26 37.34 39.13 39.20			

**Event 196 Boys 18 & Over 200 LC Meter Backstroke Albany**

National: 2:10.57 N 6/27/2004 Jeremy Knowles Swift  
2:47.59 18&O NATL

Name	Age	Team	Finals Time
1 Longley, Sean K	18	Barracuda Swim Club	2:33.74 NATL
35.73 38.49 39.82 39.70			
2 Curtis, Jayden O	19	Mako Aquatics Club	2:56.76
1:32.67			
--- Desmond, Brian	19	Bermuda	X2:18.63 NATL
1:11.01			
--- Zupanec, Ales	22	Penguin Swimming-LE	X2:22.73 NATL
34.51 37.48 36.00 34.74			

**Event 197 Girls 9-10 400 LC Meter Freestyle Relay ActivTrades Corp**

Bahamas: 5:00.98 B 6/24/2021 Barracuda Swim Club BSC  
M Julien, A Ferguson, D Ingraham, C Clarke  
Open Rec: 5:00.98 O 6/24/2021 Barracuda Swim Club BSC  
M Julien, A Ferguson, D Ingraham, C Clarke  
National: 5:00.98 N 6/24/2021 Barracuda Swim Club BSC  
M Julien, A Ferguson, D Ingraham, C Clarke

Team	Relay	Finals Time
1 Mako Aquatics Club	A	5:02.50
34.84 1:14.33 20.46 58.21 2:29.50		
2 Barracuda Swim Club	A	5:40.11
40.31 1:24.77 41.56 1:24.83 40.05 1:25.89 38.04 1:24.62		
3 Blue Waves Swim Club	A	6:18.14
1:25.69 1:28.74 1:43.33 1:40.38		
4 Alpha Aquatics	A	6:40.27
1:25.18 25.34 1:24.51 3:25.24		

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**(Event 197 Girls 9-10 400 LC Meter Freestyle Relay ActivTrades Corp)**

Team	Relay				Finals Time
5 Black Marlins Swim Club	A				7:00.70
	1:42.37	1:45.16	1:50.17	1:43.00	
--- Mako Aquatics Club	B				X5:43.09
	1:21.89	1:28.94	1:27.52	1:24.74	

**Event 198 Boys 9-10 400 LC Meter Freestyle Relay ActivTrades Corp**

Bahamas: 4:51.34 B 6/16/2019 Alpha Aquatics Swim Club AAC

D. Roy, C. Darville, C. Ferguson, J. Charles

Open Rec: 4:51.34 O 6/16/2018 Alpha Aquatics Swim Club AAC

D. Roy, C. Darville, C. Ferguson, J. Charles

National: 4:51.34 N 6/16/2018 Alpha Aquatics AAC

D Roy C Darville C Ferguson J Charles

Team	Relay				Finals Time
1 Mako Aquatics Club	A				5:05.95
	36.64	1:16.57	36.20	1:16.62	
			35.49	1:16.35	
				35.71	
				1:16.41	
2 Blue Waves Swim Club	A				5:16.42
	37.39		37.55	1:19.25	
				36.22	
				1:19.00	
3 Black Marlins Swim Club	A				5:23.53
	1:18.81		1:33.03		
				1:14.93	
				1:16.76	
4 Alpha Aquatics	A				5:46.74
	1:09.32		1:18.89		
				1:42.83	
				1:35.70	
5 Mantas Swim & Water Polo Club-	A				5:53.93
	1:33.43		1:35.08		
				1:22.95	
				1:22.47	
6 Barracuda Swim Club	A				6:43.78
				2:00.21	
				1:36.22	
7 Lightning Aquatics	A				6:57.18
	1:26.42		1:47.74		
				1:43.14	
				1:59.88	

**Event 199 Girls 11-12 400 LC Meter Freestyle Relay ActivTrades Corp**

Bahamas: 4:20.91 B 6/29/2016 Bahamas BAH

Z. Thompson, C. Russell, H. Johnson, K. Cabral

Open Rec: 4:16.14 O 4/16/2017 Bermuda BER

E Daley, J Bruton, T White, P Zelkin

National: 4:26.87 N 6/16/2018 Mako Aquatics MAC

M Sastre M Albury J Jimenez K Moss

Team	Relay				Finals Time
1 Barracuda Swim Club	A				4:26.29 N
	29.82	1:02.20	30.43	1:05.61	
			33.46	1:09.24	
				32.20	
				1:09.24	
2 Alpha Aquatics	A				4:40.02
	1:08.91		1:11.46		
				1:12.83	
				1:06.82	
3 Mako Aquatics Club	A				4:47.82
	1:05.04		1:14.25		
				1:14.94	
				1:13.59	
4 Lyford Swim Club	A				5:00.51
	33.03	1:09.58	36.27	1:17.15	
			37.30	1:23.81	
				31.11	
				1:09.97	
5 Mantas Swim & Water Polo Club-	A				5:03.81
	1:09.60		1:17.07		
				1:17.68	
				1:19.46	
6 Lightning Aquatics	A				5:11.96
	1:17.69		1:22.38		
				1:21.49	
				1:10.40	
7 Blue Waves Swim Club	A				5:26.17
	1:16.36		1:29.35		
				1:22.90	
				1:17.56	
8 Black Marlins Swim Club	A				6:10.69
	1:22.26		1:56.71		
				1:34.15	
				1:17.57	

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Team	Relay	Finals Time
--- Mako Aquatics Club	B	X5:31.31
1:17.08	1:19.25	1:28.18 1:26.80

**Event 200 Boys 11-12 400 LC Meter Freestyle Relay ActivTrades Corp**

<b>Bahamas:</b> 4:03.52	B	7/1/2014	<b>Bahamas</b>	
			S. Gibson, D. Laing, I. Bastian, T. Foulkes	
<b>Open Rec:</b> 4:01.92	O	4/13/2012	<b>GUAD</b>	<b>GUAD</b>
			S Boileau, SnTomy, K Fabri, K-Ryls Miatty	
<b>National:</b> 4:14.48	N	6/20/2019	<b>Mako Aquatics Club</b>	<b>MAC</b>
			T. Ferguson, L. Feaste, C. Wells, A. Bonamy	

Team	Relay	Finals Time
1 Mako Aquatics Club	A	4:24.83
31.32 1:04.71 30.80 1:05.67		32.84 1:11.67 29.20 1:02.78
2 Blue Waves Swim Club	A	4:30.91
34.32 1:09.36 33.18 1:09.97		32.21 1:09.93 29.32 1:01.65
3 Black Marlins Swim Club	A	5:05.75
		1:01.45
4 Alpha Aquatics	A	5:06.46
1:05.44		1:26.81
5 Lightning Aquatics	A	5:15.13
1:17.45		1:15.45 1:18.21 1:24.02
6 Mantas Swim & Water Polo Club-	A	5:28.45
33.24 1:13.81 40.69 1:24.52		1:22.39 1:27.73
7 Sea Waves Aquatic Team	A	6:48.82
--- Mako Aquatics Club	B	X4:57.81
1:15.51		1:16.94 1:11.13 1:14.23
--- Barracuda Swim Club	A	DQ 4:45.45
1:01.80		1:09.98 1:16.49 1:17.18

**Event 201 Girls 13-14 400 LC Meter Freestyle Relay ActivTrades Corp**

<b>Bahamas:</b> 4:08.37	B	4/20/2019	<b>D. Mizell Bahamas</b>	<b>BAH</b>
			Z. Thompson, D. Cuffy-Bethel, D. Mizell	
<b>Open Rec:</b> 4:06.08	O	4/15/2017	<b>Jamaica</b>	<b>JAM</b>
			G Banks, S Vale, B Anderson, E McDonald	
<b>National:</b> 4:12.99	N	6/20/2019	<b>Mako Aquatics Club</b>	<b>MAC</b>
			R. Lundy, M. Sastre, M. Albury, K. Moss	

Team	Relay	Finals Time
1 Mako Aquatics Club	A	4:25.34
1:07.40		1:01.50
2 Barracuda Swim Club	A	4:29.12
1:07.91		1:06.43 1:08.59 1:06.19
3 Blue Waves Swim Club	A	4:42.93
1:09.57		1:10.12
4 Alpha Aquatics	A	5:04.62
1:06.07		1:11.52 1:15.35 1:31.68
5 Lightning Aquatics	A	5:10.53
1:18.11		1:13.34 37.33 1:18.77 36.66 1:20.31
6 Lyford Swim Club	A	5:16.54
1:07.38		1:22.71 1:32.55 1:13.90
7 Black Marlins Swim Club	A	5:20.34
		1:11.38
--- Bermuda	A	X4:09.30
28.56		30.06 1:02.67 1:02.56

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**(Event 201 Girls 13-14 400 LC Meter Freestyle Relay ActivTrades Corp)**

Team	Relay								Finals Time	
---	Mako Aquatics Club	B								X5:04.15
	33.80	1:13.49	33.02	1:16.38	35.90	1:16.69	36.66	1:17.59		

**Event 202 Boys 13-14 400 LC Meter Freestyle Relay ActivTrades Corp**

<b>Bahamas:</b>	<b>3:44.57</b>	<b>B</b>	<b>6/30/2017</b>	<b>Bahamas</b>	<b>BAH</b>
				<b>L. Taylor, D. Carey, I. Pinder, K. Lockhart</b>	
<b>Open Rec:</b>	<b>3:44.59</b>	<b>O</b>	<b>4/15/2017</b>	<b>GUAD</b>	<b>GUAD</b>
				<b>Y Geran, M Hipp Dianne, L Batrin, R Boileau</b>	
<b>National:</b>	<b>3:49.68</b>	<b>N</b>	<b>6/26/2016</b>	<b>Barracuda Swim Club</b>	<b>BSC</b>
				<b>I Bastian, K Lockhart, B Lundy, T Foulkes</b>	

Team	Relay								Finals Time	
1	Alpha Aquatics	A								3:57.03
	59.39									57.58
2	Mako Aquatics Club	A								4:04.18
	29.80	1:02.30	29.21	1:01.93	28.97	1:01.08	28.51	58.87		
3	Blue Waves Swim Club	A								4:04.83
	1:00.37									1:04.83
					1:03.19	56.44				
4	Lightning Aquatics	A								4:09.99
	1:03.59									1:06.71
					54.79	1:04.90				
5	Mantas Swim & Water Polo Club-	A								4:32.49
	1:05.98									1:09.99
					1:04.58	1:11.94				
6	Barracuda Swim Club	A								4:32.80
	1:03.16									1:06.27
					1:09.71	1:13.66				
7	Lyford Swim Club	A								4:34.44
	1:03.86									1:05.13
					1:15.61	1:09.84				
---	Mako Aquatics Club	B								X4:20.47
	30.30	1:03.65	30.73	1:05.56	30.05	1:05.01	30.74	1:06.25		

**Event 203 Girls 15-17 400 LC Meter Freestyle Relay ActivTrades Corp**

<b>National:</b>	<b>4:04.50</b>	<b>N</b>	<b>6/25/2010</b>	<b>Swift</b>	<b>Swift</b>
				<b>A.Dillette,A Butler, J Chaplin, A VanderpoolWallac</b>	

Team	Relay								Finals Time	
1	Mako Aquatics Club	A								4:11.98
	29.63	1:02.10	29.78	1:04.33	30.54	1:04.34	29.15	1:01.21		
2	Barracuda Swim Club	A								4:17.88
	28.18	1:01.36	29.42	1:02.98	30.56	1:05.06	32.07	1:08.48		
3	Alpha Aquatics	A								4:20.67
	1:02.63									1:02.86
					1:08.90	1:06.28				
4	Lyford Swim Club	A								4:23.89
	1:02.83									1:08.38
					1:07.23	1:05.45				

**Event 204 Boys 15-17 400 LC Meter Freestyle Relay ActivTrades Corp**

<b>National:</b>	<b>3:31.54</b>	<b>N</b>	<b>6/26/2016</b>	<b>Alpha Aquatics Swim Club</b>	<b>MAC</b>
				<b>P.Moss,M.Albury,J.Fitzgerald,A.Moss</b>	

Team	Relay								Finals Time	
1	Alpha Aquatics	A								3:38.17
	24.57	51.38	26.37	54.65	27.04	58.40	25.81	53.74		
2	Mako Aquatics Club	A								3:38.40
	54.46									56.95
					57.25	49.74				
3	Barracuda Swim Club	A								3:52.67
	26.78	56.25	27.22	59.16	27.62	57.56	28.16	59.70		
4	Lightning Aquatics	A								4:35.15
	1:10.63									1:04.07
					1:04.12	1:16.33				
---	Blue Waves Swim Club	A								NS

**2023 Bahamas National Swimming Championship - 6/15/2023 to 6/18/2023**

**Results - Day 4 - Session 8 - Evening Session**

**Event 205 Girls 18 & Over 400 LC Meter Freestyle Relay ActivTrades Corp**

National: 4:04.50 N 6/25/2010 Swift Swift

Team	Relay				Finals Time
1 Mako Aquatics Club	A				4:18.11
	1:02.07	1:07.36	1:07.19	1:01.49	
2 Alpha Aquatics	A				4:22.86
	59.83	1:03.01	1:07.72	1:12.30	

**Event 206 Boys 18 & Over 400 LC Meter Freestyle Relay ActivTrades Corp**

National: 3:31.54 N 6/26/2016 Alpha Aquatics AAC

P.Moss,M.Albury,J.Fitzgerald,A.Moss

Team	Relay								Finals Time
--- Bermuda	A								X3:38.63
	26.54	56.12	25.96	55.81	24.90	52.95	25.48	53.75	
--- Alpha Aquatics	A								X3:59.35
					58.90	1:01.86			