



SAFETY FIRST

SWIMMERS WHO DON'T FEEL WELL



Are not permitted to attend practice



Contact and follow the advice of your medical provider

If a swimmer exhibits any symptoms their parents will be notified, they will NOT be permitted to swim, and they will be isolated until their parents collect them

HYGIENE PRACTICES



One swimmer at a time shall be allowed to use the bathroom



Remember to wash your hands after use of the bathroom facilities



Hand soap and hand towels are available in the bathrooms



Touchless hand sanitizer shall be placed on deck for use

We are excited to be getting back to familiar routines but want to take measures that will not compromise the progress we have made thus far in combatting this virus. We wish to thank you all in advance for your cooperation and adherence to the protocols.