



SAFETY FIRST

SWIMMERS WHO DON'T FEEL WELL



Are not permitted to attend practice



Contact and follow the advice of your medical provider

*If a swimmer exhibits any symptoms their parents will be notified, they will **NOT** be permitted to swim, and they will be isolated until their parents collect them*

PHYSICAL DISTANCING PROTOCOLS



- *One Swim group at a time will be allowed on the pool deck (grace period of 20 minutes between practices have been scheduled)*
- *Coaches will wear masks while swimmers are on deck*
- *Swimmers shall wear masks when entering and leaving the pool deck*
- *Swimmers are NOT permitted to congregate on the pool deck and remain 3-6ft apart*
- *Swim bags are to be placed 6 feet apart*
- *Swimmers are to remain 6 feet away from Coaches*
- *One swimmer at a time shall be allowed to use the bathroom*
- *Swimmers are to wear footwear when using the bathroom*
- *Parents are NOT permitted on the pool deck (please contact your Coach by phone before the start of their first practice or after their last practice)*
- *Parents are asked to remain in their cars and wear a mask if they exit their car for any reason*

We are excited to be getting back to familiar routines but want to take measures that will not compromise the progress we have made thus far in combatting the Covid-19 virus. We wish to thank you all in advance for your cooperation and adherence to the protocols.