

SAFETY FIRST

SWIMMERS WHO DON'T FEEL WELL



Are not permitted to attend practice



Contact and follow the advice of your medical provider

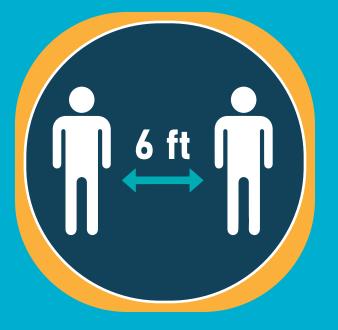
If a swimmers exhibits any symptoms their parents will be notified, they will NOT be permitted to swim, and they will be isolated until their parents collect them

PHYSICAL DISTANCING PROTOCOLS











- One Swim group at a time will be allowed on the pool deck (grace period of 20 minutes between practices have been scheduled)
- Coaches will wear masks while swimmers are on deck
- Swimmers shall wear masks when entering and leaving the pool deck
- Swimmers are NOT permitted to congregate on the pool deck and remain 3-6ft apart
- Swim bags are to be placed 6 feet apart

- Swimmers are to remain 6 feet away from Coaches
- One swimmer at a time shall be allowed to use the bathroom
- Swimmers are to wear footwear when using the bathroom
- Parents are NOT permitted on the pool deck (please contact your Coach by phone before the start of their first practice or after their last practice)
- Parents are asked to remain in their cars and wear a mask if they exit their car for any reason

We are excited to be getting back to familiar routines but want to take measures that will not compromise the progress we have made thus far in combatting the Covid-19 virus. We wish to thank you all in advance for your cooperation and adherence to the protocols.